

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Am Snack: Cereal & Milk</p> <p>Lunch: Arroz con pollo and Sweet Plantains</p> <p>Vegetarian: Vegetable rice with Sweet Plantains</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Banana and Graham Cracker</p>	<p>Am Snack: Vanilla Bread</p> <p>Lunch: Ground Beef With roasted Potatoes and steamed Carrots</p> <p>Vegetarian: Plant based Ground Beef with Roasted Potatoes and Steamed Carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Yogurt and Blueberry</p>	<p>AM Snack: Mini Bagel with Jam</p> <p>Lunch: Mixed Bean Stew with Rotini Pasta</p> <p>Vegetarian: Mixed Bean Stew with Rotini Pasta</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Apple and cinnamon Puff</p>	<p>AM Snack: Applesauce and Graham Cracker</p> <p>Lunch: Roasted Chicken with Mashed Potatoes and Green Beans</p> <p>Vegetarian: Mashed Potatoes with green beans and Sweet Plantains</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Cheese and Cracker</p>	<p>AM Snack: Pancakes and Syrup</p> <p>Lunch: Ground Turkey with refried Beans and tortilla with a side of Garden Salad</p> <p>Vegetarian: Refried Beans with Tortilla and a side of garden Salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Chickpea Snack</p>
<p>AM Snack: Vanilla Bread</p> <p>Lunch: Cuban Diced Chicken with White Rice and red Beans</p> <p>Vegetarian: White rice with red Beans</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Melon and Crackers</p>	<p>AM Snack: Oatmeal Fruit Bars</p> <p>Lunch: Ground Turkey with Fried Rice and Peas and Carrots</p> <p>Vegetarian: Fried Rice with Peas and Carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: String Cheese and Cracker</p>	<p>AM Snack: Blueberry Muffin</p> <p>Lunch: Sancocho Stew with White Rice and Garden Salad</p> <p>Vegetarian: Sancocho Stew White Rice and Garden Salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Veggie Sticks</p>	<p>AM Snack: Milk and Cereal</p> <p>Lunch: Red Meat Sauce with Bowtie Pasta with Roasted Zucchini and Squash</p> <p>Vegetarian: Vegetable Sauce with bowtie Pasta with Zucchini and squash</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Green Pea Crisps</p>	
<p>AM Snack: Yogurt and blueberry</p> <p>Lunch: Arroz con Pollo and Sweet Plantains</p> <p>Vegetarian: Vegetable rice with Sweet Plantains</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Banana and Cheese</p>	<p>AM Snack: Overnight Oats</p> <p>Lunch: Mac and Cheese with Ground Turkey, Broccoli and Cauliflower</p> <p>Vegetarian: Mac and Cheese with Roasted Broccoli and Cauliflower</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Chic Pea Crisp</p>	<p>AM Snack: Waffle and Maple Syrup</p> <p>Lunch: Chickpea stew with Coconut Rice</p> <p>Vegetarian: Chickpea stew with Coconut Rice</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Yogurt with Blueberry</p>	<p>AM Snack: Cereal & Milk</p> <p>Lunch: Beef and Veggie Stew with Roasted Potatoes</p> <p>Vegetarian: Roasted Potatoes and Corn</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Tangerine</p>	<p>AM Snack: String Cheese and Cracker</p> <p>Lunch: Popcorn Chicken with Mashed Potatoes and Garden Salad</p> <p>Vegetarian: Tofu Nugget with Mashed Potatoes and a side of Garden Salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Veggie Chips</p>
<p>AM Snack: Graham Cracker and Milk</p> <p>Lunch: Ground Chicken with Mexican Rice Roasted Corn and Carrots</p> <p>Vegetarian: Mexican Rice with Red beans, Corn and Carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Apple Sauce</p>	<p>AM Snack: Banana and Cheese</p> <p>Lunch: Deconstructed Cordon Bleu with Pilaf Rice and side of Green Bean Salad</p> <p>Vegetarian: Lentus bean with Pilaf Rice and a Side of Green Bean Salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Melon and Cracker</p>	<p>AM Snack: Croissants</p> <p>Lunch: White Beans and Veggies Olive oil Pasta and Fresh Parmesan</p> <p>Vegetarian: White Bean with Veggies and olive oil Pasta with Fresh Parmesan</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Fruit Bars</p>	<p>AM Snack: Milk and cereal</p> <p>Lunch: Diced Burger with Mashed Potatoes and Roasted Corn</p> <p>Vegetarian: Died Veggie Burger with Mashed Potatoes and Roasted Corn</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: Yogurt and Berries</p>	<p>AM Snack: Bagels and jam</p> <p>Lunch: Turkey Sloppy Joes with Roasted Sweet Potatoes and Mixed Veggies</p> <p>Vegetarian: Plant Based Sloppy Joe's Roasted Sweet Potatoes and Mixed Veggie</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chef's Choice</p> <p>PM Snack: String Cheese and Crackers</p>

*Menus are subject to change from week to week based on food shortages and high demand.