

Monday	Tuesday	Wednesday	Thursday	Friday
No school - Teacher Planning Days				
No school - Individual Meet and Greet				No school - Teacher Planning Day
17 AM Snack: Organic oat cereal and organic milk Lunch: Shredded chicken, yellow rice, and steamed peas and carrots Vegetarian: white beans, yellow rice and steamed peas and carrots Dessert: Fresh Cut Fruit Soup: split pea soup PM Snack: Fresh cut watermelon with whole grain crackers	18 AM Snack: Organic blueberry muffin Lunch: Bbq Beef Meatballs, white rice, and baked broccoli Vegetarian: Bbq vegetable meatballs, white rice, and baked broccoli Dessert: Fresh Cut Fruit Soup: Cream of vegetables PM Snack: Fresh banana with organic string cheese	19 AM Snack: Chicken salad prepared with organic greek yogurt and pita bread Lunch: Macaroni pasta with three cheese sauce, side of white beans and diced tomato salad Vegetarian: macaroni pasta with three cheese sauce, side of white beans and diced tomato salad Dessert: Fresh Cut Fruit Soup: Chicken and potato PM Snack: Fresh cut fruit salad with Organic toasted oats on the side	20 AM Snack: Organic strawberry yogurt with organic granola Lunch: Ground turkey with peppers and onions, black bean rice, and steamed carrots with squash Vegetarian: Black beans and vegetables, white rice, and steamed carrots with squash Dessert: Fresh Cut Fruit Soup: Cream of cauliflower PM Snack: Fresh cut orange	21 AM Snack: Mini bagels with whipped cream cheese and homemade berry jam Lunch: Beef sliders, potato tots, and sliced tomatoes and cucumber Vegetarian: Vegan bean burger sliders, potato tots, and sliced tomatoes and cucumber Dessert: Fresh Cut Fruit Soup: Butternut squash soup PM Snack: Fresh cut apples with organic vanilla cinnamon yogurt dip
24 AM Snack: Organic oat cereal with organic milk Lunch: Ground lean beef, seasoned rice, and tomato, corn and mango salsa Vegetarian: Refried beans, seasoned rice, and tomato, corn and mango salsa Dessert: Fresh Cut Fruit Soup: Tortilla and bean soup PM Snack: Fresh whole banana	25 AM Snack: Organic banana bread Lunch: Baked sliced chicken, lemon rice, and steamed Broccoli Vegetarian: Black bean stew, lemon rice, and steamed broccoli Dessert: Fresh Cut Fruit Soup: Cream of Cauliflower PM Snack: Organic vanilla yogurt with diced peach	26 AM Snack: Egg salad made with organic greek yogurt and pita bread Lunch: Whole grain pasta with vegetable blend tomato sauce, and side of green beans with shredded carrots Vegetarian: Whole grain pasta with vegetable blend tomato sauce and side of green beans with shredded carrots Dessert: Fresh Cut Fruit Soup: Cream of chicken and rice PM Snack: Organic string cheese with diced pineapple	27 AM Snack: Fresh fruit smoothie Lunch: Shredded beef with vegetables, white rice, and black beans Vegetarian: Black Bean and vegetables, with white rice Dessert: Fresh Cut Fruit Soup: Cream of vegetables PM Snack: Homemade hummus with pita bread	28 AM Snack: Organic strawberry yogurt with organic granola Lunch: Homemade chicken tenders, home fries, with baked broccoli and cauliflower Vegetarian: Tofu bites, potato puree, with baked broccoli and cauliflower Dessert: Fresh Cut Fruit Soup: Cream of carrot PM Snack: Fresh cut orange with whole grain organic crackers

31 AM Snack: Organic oat cereal with organic milk Lunch: Ground chicken with pepper and onions, red bean rice and sweet plantains Vegetarian: Diced baked tofu with pepper and onions, red bean rice with roasted plantain Dessert: Fresh Cut Fruit Soup: Tomato bisque PM Snack: Corn muffin with jam				
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